

## Medical Statement to Request Special Meals and/or Accommodations

Federal law and USDA regulation require Child Nutrition Programs to make reasonable modifications to accommodate children with disabilities. Under the law, a disability is an impairment which substantially limits a major life activity or bodily function, which can include allergies and digestive conditions, but does not include personal dietary preferences.

|                            |                             |
|----------------------------|-----------------------------|
| <b>Site/Provider Name:</b> | <b>Submit this form to:</b> |
|----------------------------|-----------------------------|

### Part I To be completed by Parent/Guardian, Adult Participant, or

|  |
|--|
| Name of Participant: _____                 |
| Parent/Guardian Name: _____ Phone #: _____ |

### Part II To be completed *only* by a State licensed health care professional who is authorized to write medical prescriptions under State law\*. Complete questions 1-3.

|  |              |           |      |
|--|--------------|-----------|------|
| <p>1. <b>Describe</b> the major life activity or major bodily function(s) affected by the participant's physical or mental impairment that restricts the diet:</p> <p>_____</p> <p>_____</p> |              |           |      |
| <p>2. <b>Meal Accommodation Plan (Foods to omit or avoid):</b></p> <p>_____</p> <p>_____</p>   |              |           |      |
| <p>3. <b>Foods to be substituted and recommended alternatives (include modification and accommodation):</b></p> <p>_____</p> <p>_____</p>  |              |           |      |
| <p>Signature of State Licensed Health Care Professional:</p> <p>_____</p> <table><tr><td>Printed Name</td><td>Signature</td><td>Date</td></tr></table>                                       | Printed Name | Signature | Date |
| Printed Name   | Signature    | Date      |      |

### Part III Use Only

|                                      |
|--------------------------------------|
| Accommodation(s) Made: _____         |
| _____                                |
| Sponsor Signature: _____ Date: _____ |

### Instructions for completing the Meal Preference Request Form:

1. **Organization Name:** Include the name of the Sponsoring Organization that is providing the form
2. **Site/Provider Name:** Print the name of the site where meals will be served (e.g., ABC School, XYZ Child Care Center)
3. **Submit this form to:** Include the name and contact information for the organization staff who will be collecting the completed form
4. **Part I:** This section can be completed by the **Parent/Guardian, Adult Participant, or Organization**
  - a. **Name of Participant:** Print the first and last name of the child or adult participant
  - b. **Parent/Guardian Name:** Print the first and last name(s) of the parent or guardian. This is not required for adult participants.
  - c. **Phone #:** Include a number for the parent/guardian in case of questions
5. **Part II:** This section must be completed by a **State licensed health care professional\*:**
  - a. In section 1 – **Describe:** The major life activity or major bodily function affected by the participant's physical or mental impairment that restricts the diet.
  - b. In section 2 – **Meal Accommodation Plan:** Provide any foods to omit or avoid.
  - c. In section 3 – **Foods to be substituted and recommended alternatives:** Provide the modification and accommodation.
6. **Part III:** This section must be completed by the Sponsoring Organization after Parts I and II are completed.
  - a. **Accommodations Made:** The Sponsoring Organization staff will indicate what accommodations will be made for the requests made in Part II.
  - b. **Sponsor Signature and Date:** The Sponsoring Organization staff will sign and date the form. This form will be considered incomplete if this section is not filled in.

This form is only for participants requiring a medical meal accommodation and should be filled out by a licensed medical professional\*. Participants requesting a Non-Medical Meal Accommodation and/or a Milk Substitution will use the Meal Preference Request Form.

**\*State License Health Care Professions** include: Medical Doctors of Medicine (MD); Doctors of Osteopathy (DO); Doctors of Naturopathy (ND); Physician's Assistant (PA); Certified nurse practitioner or clinical nurse specialist; Doctor of Dental Medicine (DMD); Doctor of Dental Surgery (DDS); Doctor of Optometry (OD).