

Silverton High School

1201/21-12/03/21

Our menus are aligned with the USDA's Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer
Asst. Cereal

BREAKFAST

DELI

MONDAY

TUESDAY

WEDNESDAY Egg & Cheese on English Muffin

THURSDAY Double Berry Parfait

FRIDAY Homemade French Toast w/ Syrup



MONDAY

TUESDAY

WEDNESDAY NACHOS w/ Bean/Cheese/Beef

THURSDAY Deli Choice

FRIDAY NACHOS w/ Bean/Cheese/Chicken



FAST TAKES

MONDAY

TUESDAY

WEDNESDAY Chicken Caesar Salad / Ham Sub

THURSDAY Buffalo Chicken Salad / Italian Sub

FRIDAY Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer

Hamburger / Cheeseburger / Chicken Burger /
Spicy Chicken Burger / Veggie Burger
French Fries

MONDAY

TUESDAY

WEDNESDAY Pepperoni Pizza

THURSDAY Veggie Pizza

FRIDAY Cheese Pizza



FAVORITES

MONDAY

TUESDAY

WEDNESDAY Chicken Rice Bowl w/ Roasted Broccoli and Carrots

THURSDAY Macaroni & Cheese w/ Aztec Corn

FRIDAY Cheese Omelet Papetti's w/ Cinn Breadsticks and Tater Tots



V Vegetarian

M Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by sodexo

Silverton High School

12/06/21-12/10/21

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SIDES

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Daily Offer Asst. Cereal

BREAKFAST

MONDAY	Waffles w/ Fruit Compote
TUESDAY	Ultimate Breakfast Round
WEDNESDAY	Homemade Blueberry Muffin
THURSDAY	Egg & Cheese English Muffin
FRIDAY	WG Cinnamon Roll w/ Icing



DELI

MONDAY	NACHOS w/ Bean/Cheese	
TUESDAY	Deli Choice	
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	
THURSDAY	Deli Choice	
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger /
Spicy Chicken Burger / Veggie Burger
French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	
FRIDAY	Cheese Pizza	

FAVORITES

MONDAY	Meatball Marinara Sub w/ Mixed Vegetables
TUESDAY	French Toast Sticks w/ Breakfast Sausage Patty and Hash Brown Rounds
WEDNESDAY	S & S Chicken w/ Rice and Roasted Broccoli & Carrots
THURSDAY	Mozzarella Stuffed Breadsticks w/ Spaghetti Sauce w/ Aztec Corn
FRIDAY	Sloppy Joe w/ Whipped Potatoes



Vegetarian
 Mindful

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CROSSROADS
CAFE
by sodexo*

Silverton High School

12/13/21-12/17/21

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SIDES

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Daily Offer
Asst. Cereal

BREAKFAST

MONDAY	BYO Yogurt Bowl
TUESDAY	Apple Cinnamon Muffin
WEDNESDAY	BYO Pancake Bar
THURSDAY	Egg & Cheese on English Muffin
FRIDAY	WG Donut



DELI

MONDAY	NACHOS w/ Bean/Cheese	
TUESDAY	Deli Choice	
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	
THURSDAY	Deli Choice	
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger /
Spicy Chicken Burger / Veggie Burger
French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	
FRIDAY	Cheese Pizza	

FAVORITES

MONDAY	Bean & Cheese Burrito w/ Corn	
TUESDAY	Chicken Alfredo Pasta w/ Mixed vegetables	
WEDNESDAY	Pork Posole w/ Chips and Potato Wedges	
THURSDAY	Turkey & Gravy w/ Twisted Breadstick and Mashed Potatoes and Baked Beans	
FRIDAY	Alaskan Pollock w/ Garlic Knot and Roasted Broccoli and Carrots or French Fries	

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CAFE
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