

Silverton High School

10/01/21-10/01/21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer
Asst. Cereal

BREAKFAST



DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY Blueberry Bagel w/ Cream Cheese Burry  

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY NACHOS w/ Bean/Cheese/Chicken  

FAST TAKES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer


Hamburger / Cheeseburger / Chicken Burger /
Spicy Chicken Burger / Veggie Burger
French Fries

MONDAY NO SERVICE

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY Cheese Pizza 

FAVORITES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY Sloppy Joe w/ Whipped Potatoes

 **Vegetarian**

 **Mindful**

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by *sodexo*

Silverton High School

10/04/21-10/08/21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer Asst. Cereal

BREAKFAST

MONDAY	BYO: Yogurt Bowl	V ☺
TUESDAY	Ham & Cheese Muffin Sandwich	
WEDNESDAY	Apple Cinnamon Muffin	V ☺
THURSDAY	Turkey Sausage & Cheese Biscuit	
FRIDAY	Blueberry Muffin Square	V ☺

DELI

MONDAY	NACHOS w/ Bean/Cheese	V ☺
TUESDAY	Deli Choice	☺
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	V ☺
THURSDAY	Deli Choice	☺
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	V ☺

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger /
Spicy Chicken Burger / Veggie Burger
French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	V
FRIDAY	Cheese Pizza	V

FAVORITES

MONDAY	Bean & Cheese Burrito w/ Aztec Corn	V ☺
TUESDAY	Chicken Alfredo Pasta w/ Mixed Vegetables	
WEDNESDAY	Pork Posole w/ Tortilla Chips & Potato Wedges	
THURSDAY	Turkey Gravy w/ Twisted Breadstick & Mashed Potatoes	
FRIDAY	Alaskan Pollock w/ Garlic Knot & French Fries	

V Vegetarian
☺ Mindful

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CROSSROADS
CAFE
by sodexo

Silverton High School

10/11/21-10/15/21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.







SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES









Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer
Asst. Cereal

BREAKFAST

MONDAY	French Toast Sticks w/ Syrup	 
TUESDAY	Bagel w/ Cream Cheese	 
WEDNESDAY	Breakfast Bowl	
THURSDAY	Turkey Sausage & Cheese Biscuit	
FRIDAY	WG Cinnamon Roll w/ Icing	 

DELI

MONDAY	NACHOS w/ Bean/Cheese	 
TUESDAY	Deli Choice	
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	 
THURSDAY	Deli Choice	
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	 

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger / Spicy Chicken Burger / Veggie Burger / French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	
FRIDAY	Cheese Pizza	

FAVORITES

MONDAY	Totchos w/ Twisted Breadstick and Roasted Broccoli	
TUESDAY	Glazed Chicken Drumstick w/ Roll and Mixed Garden Vegetables	
WEDNESDAY	Popcorn Chicken Bowl w/ Garlic Knot and Vegetarian Beans	
THURSDAY	Pasta w/ Lentil and Roasted Broccoli & Carrots	 
FRIDAY	Chicken & Waffles w/ Sweet Potatoes	

 **Vegetarian**
 **Mindful**

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Silverton High School

10/18/21-10/22/21

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SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer

Asst. Cereal

BREAKFAST

DELI

MONDAY	Breakfast on a stick	
TUESDAY	Ham & Cheese Muffin Sandwich	
WEDNESDAY	Double Berry Parfait	V ☺
THURSDAY	Blueberry Bagel w/ Cream Cheese Burry	V ☺
FRIDAY	Egg & Cheese English Muffin	V ☺

MONDAY	NACHOS w/ Bean/Cheese	V ☺
TUESDAY	Deli Choice	☺
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	V ☺
THURSDAY	Deli Choice	☺
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	V ☺

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger / Spicy Chicken Burger / Veggie Burger / French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	V
FRIDAY	Cheese Pizza	V

FAVORITES

MONDAY	Cheese Ravioli w/ Twisted Breadstick	
TUESDAY	Pancakes & Sausage w/ Baked Cinnamon Raisin Apples	
WEDNESDAY	BBQ Chicken Sandwich w/ Mexican Beans	
THURSDAY	Baked Penne Pasta w/ Green Beans	V ☺
FRIDAY	BBQ Pork Riblet Sandwich w/ Mexican Slaw	

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CROSS ROADS
CAFE
by sodexo

Silverton High School

10/25/21-10/29/21

Our menus are aligned with the USDA's Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Offer Asst. Cereal

BREAKFAST

DELI

MONDAY	Sausage Breakfast Pizza	
TUESDAY	Blueberry Muffin	V ☺
WEDNESDAY	Biscuit w/ Gravy Gravy	
THURSDAY	Apple Cinnamon Muffin	V ☺
FRIDAY	Blueberry Bagel w/ Cream Cheese Burry	V ☺

MONDAY	NACHOS w/ Bean/Cheese	V ☺
TUESDAY	Deli Choice	☺
WEDNESDAY	NACHOS w/ Bean/Cheese/Beef	V ☺
THURSDAY	Deli Choice	☺
FRIDAY	NACHOS w/ Bean/Cheese/Chicken	V ☺

FAST TAKES

MONDAY	Chicken Caesar Salad / Protein Box
TUESDAY	Chef Salad / American-Style Meat Combo
WEDNESDAY	Chicken Caesar Salad / Ham Sub
THURSDAY	Buffalo Chicken Salad / Italian Sub
FRIDAY	Chicken Caesar Salad / Chicken Bacon Ranch Wrap

CREATIONS

Daily Offer
Hamburger / Cheeseburger / Chicken Burger / Spicy Chicken Burger / Veggie Burger / French Fries

MONDAY	BBQ Chicken Pizza	
TUESDAY	Meatlover's Pizza	
WEDNESDAY	Pepperoni Pizza	
THURSDAY	Veggie Pizza	V
FRIDAY	Cheese Pizza	V

FAVORITES

MONDAY	Mozzarella Stuffed Breadsticks w/ Mixed Garden Vegetables	V ☺
TUESDAY	Cheese Ravioli w/ Garlic Knot & Baked Beans	V ☺
WEDNESDAY	Chicken Rice Bowl w/ Roasted Broccoli and Carrots	
THURSDAY	Macaroni & Cheese w/ Aztec Corn	V ☺
FRIDAY	Cheddar Omelet w/ Cinnamon Breadstick and Tater Tots	V ☺

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