

Can I go to work today?

Answer these 5 questions and follow the arrows to see if it is okay to go to work today...

1. Have you been diagnosed or suspected of having COVID-19?

YES

2. Are you experiencing:

- Cough,
- Fever ≥ 100.4 ,
- Chills,
- Shortness of Breath,
- Difficulty breathing, or
- New loss of taste/smell?

YES

3. Have you been in close contact* with a positive COVID-19 case in the last 14 days?

YES

4. Are you experiencing any other symptoms that may be related to COVID-19?: Fatigue, muscle or body aches, headache, sore throat, nasal congestion or runny nose, nausea or vomiting, diarrhea?

YES

5. Are any of your household members experiencing:

Cough, Fever ≥ 100.4 , Chills, Shortness of Breath, Difficulty breathing, or New loss of taste/smell?

1. **STAY HOME. NOTIFY YOUR SUPERVISOR AS SOON AS POSSIBLE.**
2. A school nurse consultant will reach out to you to help you navigate next steps.
3. Seek testing from healthcare provider. If you do not have a provider and need assistance finding a testing site, call 211, or contact school for support from nursing services.
If COVID-19 test is negative:
 - Isolate at home until 24 hours after fever is resolved, without use of fever-reducing medicine, and symptoms are improving.
 - If you have had contact with positive case in past 14 days, you must isolate at home for 10 days since symptoms first appeared.*If COVID-19 test is positive:*
 - Isolate at home for 10 days after symptoms first appeared and until 24 hours after fever is resolved, without use of fever-reducing medicine, and other symptoms are improving.*If you do not get tested for COVID-19:*
 - Isolate at home for 10 days after symptoms first appeared and until 24 hours after fever is resolved, without use of fever-reducing medicine, and other symptoms are improving.

1. **STAY HOME. NOTIFY YOUR SUPERVISOR AS SOON AS POSSIBLE.**
2. A school nurse consultant will reach out to you to help you navigate next steps.
 - Quarantine at home for 10 days after date of last exposure to the COVID-19 positive contact, unless directed differently by the Health Department or Nursing. If additional household members become ill with COVID-19, or if the exposed person cannot avoid continued close contact, the length of quarantine may be >14 days.Contact your healthcare provider for recommendations & if symptoms develop.

1. **STAY HOME. Monitor symptoms for 24 hours to ensure they do not develop into primary ones.**
2. **NOTIFY YOUR SUPERVISOR AS SOON AS POSSIBLE.**
3. A school nurse consultant will reach out to you to help you navigate next steps.

* The definition of exposure is being within 6 feet of a person who has COVID-19 for at least 15 cumulative minutes within a day (with or without a mask).

Emergency Symptoms (call 911):

Trouble breathing, Persistent pain or pressure in chest, New confusion or inability to awaken, Bluish or greyish lips or face, Other severe symptoms.

NO

Go to Work

