



# Silver Falls School District-SUMMER

# AUG 2021

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**3**

**Breakfast:**  
Sausage Breakfast Pizza  
**Lunch:**  
Pretzel w/ Cheese Sauce  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**4**

**Breakfast:**  
Pancake Bites  
w/ Cinnamon Sugar  
**Lunch:**  
SW Soft Taco  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**5**

**Breakfast:**  
Cinnamon Breakfast Round  
**Lunch:**  
Cheeseburger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**6**

**Breakfast:**  
Fruit & Yogurt Parfait  
**Lunch:**  
Cheesy Pizza Stick  
w/ Marinara Sauce  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**7**

**Breakfast:**  
Asst. Bagel w/ Cream Cheese  
**Lunch:**  
Chicken Burger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**10**

**Breakfast:**  
Waffles w/ Applesauce  
**Lunch:**  
Chicken Nuggets  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**11**

**Breakfast:**  
Chocolate Chip Breakfast Round  
**Lunch:**  
Chicken Burger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**12**

**Breakfast:**  
Yogurt w/ Graham Crackers  
**Lunch:**  
Hot Dog on WG Bun  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**13**

**Breakfast:**  
Cherry Frudel  
**Lunch:**  
Cheeseburger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**14**

**Breakfast:**  
WG Cinnamon Roll  
**Lunch:**  
Ham & Cheese Sandwich  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**17**

**Breakfast:**  
Mini Blueberry Pancakes  
**Lunch:**  
Chicken Burger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**18**

**Breakfast:**  
Buttermilk Biscuit w/ Jelly  
**Lunch:**  
Chicken & Cheese Quesadilla  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**19**

**Breakfast:**  
Ham & Cheese English Muffin  
**Lunch:**  
WG Baked Corn Dog  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**20**

**Breakfast:**  
Mini Maple Waffles  
**Lunch:**  
Cheesy Pizza Stick  
w/ Marinara Sauce  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**21**

**Breakfast:**  
Asst. Muffin  
**Lunch:**  
Cheeseburger  
PB & J Sandwich  
*Includes Fruits, Vegetables & Milk*

**24**

**Breakfast:**  
French Toast Sticks  
**Lunch:**  
Ham & Cheese Sandwich  
*Includes Fruits, Vegetables & Milk*

**25**

**Breakfast:**  
Yogurt w/ Graham Crackers  
**Lunch:**  
SW Soft Taco  
*Includes Fruits, Vegetables & Milk*

**26**

**Breakfast:**  
Chocolate Chip Breakfast Round  
**Lunch:**  
Hot Dog on WG Bun  
*Includes Fruits, Vegetables & Milk*

**27**

**Breakfast:**  
Asst. Bagel w/ Cream Cheese  
**Lunch:**  
Chicken Burger  
*Includes Fruits, Vegetables & Milk*

**28**

**31**

**MEAL REQUIREMENTS**  
Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative;  
Grain; Veggie; Fruit; Milk  
**ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!**

**freshpick**  
*for better health*

**WASH YOUR HANDS**