



Silverton Middle School Breakfast

APR 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancake on a Stick
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

2

NEW!! Apple Frudel
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

3

UBR
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

4

Pancakes w/Syrup
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

5

Banana Muffin Tops
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

8

Breakfast Sausage Pizza
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

9

Pancake Bites
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

10

Biscuit & Gravy
Bagel & Cream Cheese
Assorted Cereals

11

Ham & Cheese Frittata
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

12

French Toast Sticks
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

15

NEW!! Crunch Wrap
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

16

UBR
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

17

Yogurt & Graham Crackers
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

18

BYO Oatmeal Bowl
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

19

Cinnamon Roll
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

22

Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

23

Cheese Omelet
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

24

Pancake Bar
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

25

Mini Maple Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

26

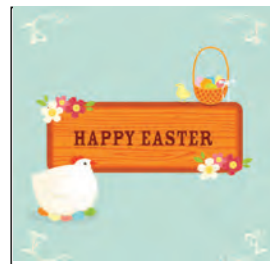
Blueberry Muffin Squares
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

29

French Toast Sticks
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

30

Pizza Bagel
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



BREAKFAST INCLUDES
CHOICE OF DAILY ENTREE LISTED
OR CEREAL W/TOAST
A VARIETY OF FRUITS AND MILK

Silverton Middle School

April 2019

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

TWICE A WEEK:
Build Your Own Nachos



- MONDAY**
- TUESDAY** Fajita Chicken & Cheese Nachos w/Refried Beans
- WEDNESDAY**
- THURSDAY** Beef & Cheese Nachos
- FRIDAY**

Daily Special/Everyday
Hamburger or Cheeseburger



Hot Dogs

- MONDAY** Regular or Spicy Chicken Sandwich
- TUESDAY** Regular or Spicy Chicken Sandwich
- WEDNESDAY** Regular or Spicy Chicken Sandwich
- THURSDAY** Regular or Spicy Chicken Sandwich
- FRIDAY** Regular or Spicy Chicken Sandwich



Daily Special/Everyday
Variety Sub Sandwiches

- MONDAY** Chef Salad w/WG Roll
- TUESDAY** Spinach & Fruit Salad w/WG Roll
- WEDNESDAY** BYO: Sandwich Bar
Chicken Caesar Salad w/WG Roll
- THURSDAY** Taco Salad w/Chips
- FRIDAY** Garden Salad w/Roll



Offered Daily
Pepperoni or Cheese Pizza

- MONDAY** Sausage Pizza
- TUESDAY** Hawaiian Pizza
- WEDNESDAY** Supreme Pizza
- THURSDAY** Taco Pizza
- FRIDAY** Garlic Chicken Pizza



This Week's Feature:

- Monday: 4/1 Homemade Burrito w/Rice & Beans
- 4/8 Hamburger Gravy w/ Mashed Potatoes & Roll
- 4/15 Fish Po Boy Sandwich & Slaw
- 4/22 Chicken Pot Pie
- 4/29 Cheese & Bean Enchiladas
- Friday: 4/5 Chicken Parmesan Pasta
- 4/12 Chicken Alfredo Pasta
- 4/19 Toasted Cheese Sandwich w/Soup
- 4/26 Baked Chicken w/Cheesy Potatoes & Roll

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Nutrition Information is available upon request.

