



Silverton Middle School Breakfast

FEB 2019

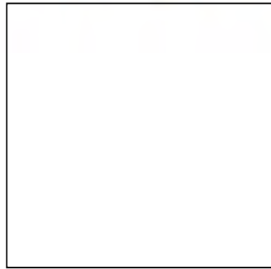
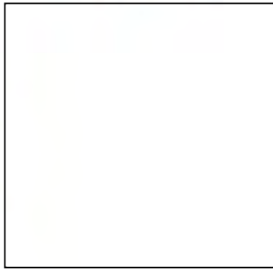
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
NO SCHOOL



4
Breakfast Crunch Wrap
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

5
UBR
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

6
Cinnamon Roll
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

7
Pancake Bites
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

8
Yogurt w/Graham Crackers
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



11
Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

12
Omelet w/Toast
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

13
Pancake Bar
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

14
Mini Maple Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

15
Muffin Squares
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



19
Fruit Pocket
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

20
Cinnamon Roll
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

21
Oatmeal Bar
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

22
Eggs & Toast
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



25
Pancake on a Stick
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

26
Breakfast Slider
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

27
UBR
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

28
Pancakes
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

**BREAKFAST INCLUDES
CHOICE OF DAILY ENTREE LISTED
OR CEREAL W/TOAST
A VARIETY OF FRUITS AND MILK**

Silverton Middle School

February 2019

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

TWICE A WEEK:

Build Your Own Nachos



MONDAY

TUESDAY Fajita Chicken & Cheese Nachos w/Refried Beans

WEDNESDAY

THURSDAY Beef & Cheese Nachos

FRIDAY

Daily Special/Everyday

Hamburger or Cheeseburger



MONDAY Regular or Spicy Chicken Sandwich

TUESDAY Regular or Spicy Chicken Sandwich

WEDNESDAY Regular or Spicy Chicken Sandwich

THURSDAY Regular or Spicy Chicken Sandwich

FRIDAY Regular or Spicy Chicken Sandwich



Daily Special/Everyday

Variety Sub Sandwiches

MONDAY Chef Salad w/WG Roll

TUESDAY Spinach & Fruit Salad w/WG Roll

WEDNESDAY Chicken Caesar Salad w/WG Roll

THURSDAY Taco Salad w/Chips

FRIDAY Garden Salad w/Roll



Offered Daily

Pepperoni or Cheese Pizza

MONDAY Sausage Pizza

TUESDAY Hawaiian Pizza

WEDNESDAY Supreme Pizza

THURSDAY Taco Pizza

FRIDAY Garlic Chicken Pizza



This Week's Feature:

Monday: 2/4 Cheesy Breadsticks w/Spinach Salad; 2/11 Mini Ravioli w/Caesar Salad; 2/25 Chicken Potato Bowl w/Roll
 Wednesday:
 Made to Order Deli Sub Sandwiches
 Friday: 2/8 Beef Lasagna w/Caesar Salad; 2/15 Queso Mac w/Broccoli; 2/22 Meaty Spaghetti w/Caesar Salad

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Nutrition Information is available upon request.

