

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



4
Breakfast:
 Bagel & Cream Cheese
Lunch:
 Street Pork Tacos
 Chicken Burger
 All American Sandwich
 Chef Salad w/WW Roll
Includes Fruits, Vegetables & Milk

5
Breakfast:
 Chocolate Chip Breakfast Round
Lunch:
Happy Chinese New Year!
Year of the Pig
 WG Baked Corn Dog
 Pepperoni or Cheese Pizza
 Egg Salad Sub Sandwich
 Poppin' Chicken Salad with WW Roll
Includes Fruits, Vegetables & Milk

6
Breakfast:
 WG Cinnamon Roll
Lunch:
 Posole with Tortilla Chips
 Chicken Nuggets with WW Roll
 Turkey, Cheese & Ranch Flatbread
 Chicken Taco Salad with Tortilla Chips
Includes Fruits, Vegetables & Milk

7
Breakfast:
 Pancake Bites with Sausage
Lunch:
 Sloppy Joe on a WW Bun
 Chicken Ranch or Cheese Pizza
 Tuna Sub Sandwich
 Mandarin Chicken Salad w/ WW Roll
Includes Fruits, Vegetables & Milk

8
Breakfast:
 Yogurt & Graham Crackers
Lunch:
 French Toast Sticks & Sausage
 Hamburger or Cheeseburger
 Turkey & Cheese Bagel
 Peppi Pizza Salad with WW Roll
Includes Fruits, Vegetables & Milk

11
Breakfast:
 Pancake on a Stick
Lunch:
 Beef & Cheese Nachos
 Chicken Burger
 PB or Sunbutter & Jelly Sandwich
 Spinach & Fruit Salad with WW Roll
Includes Fruits, Vegetables & Milk

12
Breakfast:
Heart Healthy Oatmeal Bar
Lunch:
 Rainbow Chili & Chips
 Baked Pepperoni or Cheese Pizza
 Italian Sub
 Crispy Chicken Salad w/WW Roll
Includes Fruits, Vegetables & Milk

13
Breakfast:
 Ham & Cheese Muffin Sandwich
Lunch:
 Stacks Sandwich with Chips
 Chicken Nuggets with WW Roll
 Crunchy Chicken Wrap
 SW Taco Salad with Tortilla Chips
Includes Fruits, Vegetables & Milk

14
Breakfast:
 Mini Maple Waffles
Lunch: Valentines Day!!!
 Baked Chicken & Potatoes w/WW Roll
 Taco or Cheese Pizza
 Ham & Cheese Sub Sandwich
 Peppi Pizza Salad with WW Roll
Includes Fruits, Vegetables & Milk
Cookie Day!!!

15
Breakfast:
 Blueberry Muffin Square
Lunch:
 Chicken Tacos
 Cheeseburger or Hamburger
 Turkey & Cheese Sandwich
 Chicken Caesar Salad with WW Roll
Includes Fruits, Vegetables & Milk



19
Breakfast:
 Warm Fruit Pocket
Lunch:
 Chicken & Waffles
 Baked Pepperoni or Cheese Pizza
 Italian Sub
 Crispy Chicken Salad with WW Roll
Includes Fruits, Vegetables & Milk

20
Breakfast:
 WG Cinnamon Roll
Lunch:
 Chicken Gravy over Mashed Potatoes with WW Roll
 Chicken Nuggets with WW Roll
 Crunchy Chicken Wrap
 SW Taco Salad with Tortilla Chips
Includes Fruits, Vegetables & Milk

21
Breakfast:
 Blueberry Bagel with Cream Cheese
Lunch:
 Grilled Cheese Sandwich with Tomato Soup
 Sausage or Cheese Pizza
 Chicken Salad Sub
 Peppi Pizza Salad with WW Roll
Includes Fruits, Vegetables & Milk

22
Breakfast:
 Eggs with Toast
Lunch:
 Fish Nuggets with Chips
 Hamburger or Cheeseburger
 PB or Sunbutter & Jelly Sandwich
 Spinach & Fruit Salad with WW Roll
Includes Fruits, Vegetables & Milk

25
Breakfast:
 Pancake on a Stick
Lunch:
 Teriyaki Chicken over WG Rice
 Chicken Burger
 All American Sandwich
 Chef Salad with WW Roll
Includes Fruits, Vegetables & Milk

26
Breakfast:
 SW Breakfast Sliders
Lunch:
 Hot Dog on WW Bun
 Pepperoni or Cheese Pizza
 Egg Salad Sub
 Poppin' Chicken Salad with WW Roll
Includes Fruits, Vegetables & Milk

27
Breakfast:
 Egg & Cheese Muffin Sandwich
Lunch:
 Bean & Cheese Nachos
 Chicken Nuggets with WW Roll
 Turkey, Cheese & Ranch Flatbread
 Chicken Taco Salad with Tortilla Chips
Includes Fruits, Vegetables & Milk

28
Breakfast:
 Pancakes with Syrup
Lunch:
 Chicken Mashed Potato Bowl
 Supreme or Cheese Pizza
 Tuna Sub Sandwich
 Mandarin Chicken Salad w/WW Roll
Includes Fruits, Vegetables & Milk

**BREAKFAST INCLUDES:
 CHOICE OF DAILY ENTREE
 LISTED OR CEREAL W/TOAST
 A VARIETY OF FRUITS AND MILK**