



# Silverton Middle School Breakfast

# NOV 2018

## MONDAY



## TUESDAY



## WEDNESDAY



## THURSDAY

## FRIDAY

**1**

Mini Maple Waffles  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**2**

Muffin Squares  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**5**

French Toast Sticks  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**6**

Fruit Pockets  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**7**

Cinnamon Rolls  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**8**

Blueberry Bagels w/CC  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**9**

Egg & Cheese Toast  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**12**

NO SCHOOL

**13**

SW Breakfast Sliders  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**14**

Ultimate Breakfast Round  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**15**

Pancakes w/Syrup  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**16**

Dannon Yogurt w/  
String Cheese & Crackers  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**19**

BREAKFAST INCLUDES  
CHOICE OF DAILY ENTREE LISTED  
OR CEREAL W/TOAST  
Assorted Breakfast Sandwiches  
Yogurt Fruit Parfait  
A VARIETY OF FRUITS AND MILK

**20**

**21**

HAPPY  
THANKSGIVING



**23**

**26**

Pancake Bites  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**27**

Ultimate Breakfast Round  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**28**

Cinnamon Rolls  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**29**

Breakfast Crunch Wrap  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

**30**

Dannon Yogurt w/  
String Cheese & Crackers  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

# Silverton Middle School

## November 2018

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### TWICE A WEEK:

*Build Your Own Nachos*



**MONDAY**

**TUESDAY** Fajita Chicken & Cheese Nachos w/Refried Beans

**WEDNESDAY**

**THURSDAY** Spicy Beef & Cheese Nachos

**FRIDAY**

### Daily Special/Everyday

*Hamburger or Cheeseburger*



**MONDAY** Regular or Spicy Chicken Sandwich

**TUESDAY** Regular or Spicy Chicken Sandwich

**WEDNESDAY** Regular or Spicy Chicken Sandwich

**THURSDAY** Regular or Spicy Chicken Sandwich

**FRIDAY** Regular or Spicy Chicken Sandwich



### Daily Special/Everyday

*Variety Sub Sandwiches*

**MONDAY** Chef Salad w/WG Roll

**TUESDAY** Spinach & Fruit Salad w/WG Roll

**WEDNESDAY** Chicken Caesar Salad w/WG Roll

**THURSDAY** Taco Salad w/Chips

**FRIDAY** Garden Salad w/Roll



### Offered Daily

*Pepperoni or Cheese Pizza*

**MONDAY** Sausage Pizza

**TUESDAY** Hawaiian Pizza

**WEDNESDAY** Supreme Pizza

**THURSDAY** Buffalo Chicken Pizza

**FRIDAY** Garlic Chicken Calzone



### This Week's Feature:

Monday: 11/5 Handmade Burrito w/Cilantro Lime Rice & Spicy Beans  
 11/26 Toasted Cheese Sandwich & Tomato Soup  
 Wednesday: Made to Order Deli Sub Sandwiches  
 Friday: 11/2 Queso Mac & Cheese  
 11/9 Meaty Spaghetti w/Caesar Salad  
 11/16 Parmesan Chicken w/Steamed Broccoli  
 11/30 Beefy Lasagna w/Caesar Salad

*To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.*

Nutrition Information is available upon request.

