



Silverton High School Breakfast

NOV 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



So Happy



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1

Mini Maple Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

2

Muffin Squares
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



5

French Toast Sticks
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

6

Fruit Pockets
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

7

Cinnamon Rolls
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

8

Blueberry Bagels w/CC
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

9

Egg & Cheese Toast
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



12

NO SCHOOL

13

SW Breakfast Sliders
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

14

Ultimate Breakfast Round
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

15

Pancakes w/Syrup
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

16

Dannon Yogurt w/
String Cheese & Crackers
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals



19

BREAKFAST INCLUDES
CHOICE OF DAILY ENTREE LISTED
OR CEREAL W/TOAST
Assorted Breakfast Sandwiches
Yogurt Fruit Parfait
A VARIETY OF FRUITS AND MILK

20

21

HAPPY
THANKSGIVING



23



26

Pancake Bites
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

27

Ultimate Breakfast Round
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

28

Cinnamon Rolls
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

29

Breakfast Crunch Wrap
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

30

Dannon Yogurt w/
String Cheese & Crackers
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

Silverton High School

November 2018

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday



MONDAY	Turkey & Cheese Sub
TUESDAY	Ham & Cheese Sub
WEDNESDAY	Italian Sub
THURSDAY	American Sub
FRIDAY	Peanut Butter & Jelly Sandwich

Daily Special/Everyday

Cheese Pizza

Pepperoni Pizza or Veggie Pizza



MONDAY	Sausage Pizza
TUESDAY	Hawaiian Pizza or Supreme
WEDNESDAY	Daily specials
THURSDAY	Taco Pizza
FRIDAY	Daily Specials

Daily Special/Everyday

*Hamburger or Cheese Burger
Chicken Burger or Spicy Chicken Burger*



MONDAY	Every Day choices
TUESDAY	Every Day Choices
WEDNESDAY	Every Day Choices
THURSDAY	Every Day Choices
FRIDAY	Every Day Choices



MONDAY	Made to Order Nacho/Burrito Bar
TUESDAY	Favorite
WEDNESDAY	Made to Order Nacho/Burrito Bar
THURSDAY	Favorite
FRIDAY	Made to Order Nacho/Burrito Bar

This institution is an equal opportunity provider.

Nutrition Information is available upon request.



Made to Order



**This Week's
Feature:**



MONDAY

TUESDAY Deli Sandwich Bar

WEDNESDAY

THURSDAY Deli Sandwich Bar

FRIDAY



- 11/1 Chicken Nuggets w/Cheesy Mashed Potatoes & WW Roll
- 11/6 Chicken & Waffles
- 11/8 BBQ Meatball Sub
w/Sweet Potato Bites
- 11/13 Chili Cheese Fries w/Garden Salad
- 11/15 Chicken Potato Bowl w/ WW Roll
- 11/27 Pulled Pork Tacos
- Cilantro Lime Rice & Mexican Beans
- 11/29 Toasted Cheese Sandwich w/ Tomato Soup

Nutrition Information is available upon request.

