



Silverton High School Breakfast

DEC 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Pancake on a Stick
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

4

Biscuit & Gravy
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

5

Pancake Bar
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

6

Mini Maple Waffles
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

7

Muffin Squares
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

10

French Toast Sticks
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

11

Fruit Pockets
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

12

Cinnamon Rolls
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

13

Chocolate Coffee Cake
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

14

Egg & Cheese Toast
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

17

Pancake on a Stick
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

18

SW Breakfast Sliders
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

19

Ultimate Breakfast Round
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

20

Pancakes w/Syrup
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

21

Dannon Yogurt w/
String Cheese & Crackers
Assorted Breakfast Sandwiches
Bagel & Cream Cheese
Assorted Cereals

24

**BREAKFAST INCLUDES
CHOICE OF DAILY ENTREE LISTED
OR CEREAL W/TOAST
Assorted Breakfast Sandwiches
Yogurt Fruit Parfait
A VARIETY OF FRUITS AND MILK**



26



28

31



So Happy

Sodexo's menu app with nutrition and allergen information!



Download on the App Store

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GET IT ON Google Play

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December 2018

DELI

T-T CHOICES Build your own Sub Sandwich Bar

*Ham, Turkey, Tuna, Cheese
or combo with all toppings of
your choice.*

FAST TAKES

DELI EVERYDAY CHOICES

M: Turkey & Cheese Sub
Chicken Caesar Wrap
Chef Salad
Tu: Ham & Cheese Sub
Crispy Chicken Wrap
Spinach Salad
W: Italian Sub
SW Wrap
Chicken Caesar Salad
Th: American Sub
Buffalo Chicken Wrap
Taco Salad w/Chips
Fr: Peanut Butter & Jelly Sand
Italian Wrap
Garden Salad w/Roll

SALSA

M-W-F CHOICES Build Your Own Nachos or Burrito

*Beef Taco Meat, Chicken
Fajita Meat or Vegetarian
Refried Beans with all your
favorite topping choices*

GRILL

EVERYDAY CHOICES Hamburger, Cheeseburger or Chicken Patty Choices

With a variety of Potato Choices

PIZZA

NEW YORK STYLE PIZZA EVERYDAY CHOICES Cheese, Pepperoni, And Veggie WED: Stromboli FRIDAY: Calzone

FAVORITES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Made to Order Nachos or Burrito	Chicken Pot Pie	Made to Order Nachos or Burrito	Chicken Nuggets w/Cheesy Potatoes & WW Roll	Made to Order Nachos or Burrito
10	11	12	13	14
Made to Order Nachos or Burrito	Chicken & Waffles	Made to Order Nachos or Burrito	BBQ Meatball Sub w/Sweet Potato Bites	Made to Order Nachos or Burrito
17	18	19	20	21
Made to Order Nachos or Burrito	Chili Frito Pie w/Garden Salad	Made to Order Nachos or Burrito	Chicken Potato Bowl w/WW Roll	Made to Order Nachos or Burrito
24	25	26	27	28
	Happy Holiday			
31	1			
	Happy New Year		Student Meal Prices: Breakfast Paid: \$2.00 Lunch Paid: \$3.45 Adult Meal Prices: Breakfast: \$2.15 Lunch: \$4.15	Locally Grown Seasonal Fresh Fruit and Vegetables, Greens and Low Fat or Fat Free Milk OFFERED DAILY WITH LUNCH CHOICES