



# Silverton Middle School Breakfast

# MAY 2018

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

Warm Fruit Pocket  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

2

Cinnamon Roll  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

3

Yogurt & Fruit Parfait  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

4

Cheesy Scrambled Eggs & Toast  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

7

Pancake on a Stick  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

8

Breakfast Burrito  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

9

Ultimate Breakfast Round  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

10

Pancakes w/Syrup  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

11

Dannon Yogurt  
Graham Crackers & Cheese Stick  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

14

Mini Maple Waffles  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

15

Warm Fruit Pocket  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

16

Biscuit & Gravy  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

17

Yogurt & Fruit Parfait  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

18

French Toast & Sausage  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

21

Hardboiled Egg w/Biscuit & Jelly  
Bagel & Cream Cheese  
Assorted Cereals

22

Ultimate Breakfast Round  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

23

Cinnamon Roll  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

24

Blue Berry Bagel  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

25

Blueberry Muffin/Square  
Assorted Breakfast Sandwiches  
Bagel & Cream Cheese  
Assorted Cereals

29

Biscuit & Gravy  
Bagel & Cream Cheese  
Assorted Cold Cereal

30

Pancakes w/Syrup  
Bagel & Cream Cheese  
Assorted Cold Cereal

31

Mini Maple Waffles  
Bagel & Cream Cheese  
Assorted Cold Cereal

**BREAKFAST INCLUDES CHOICE OF DAILY ENTREE LISTED OR CEREAL W/TOAST A VARIETY OF FRUITS AND MILK**



# Silverton Middle School

## May 2018

Our menus are aligned with the USDA's Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

**TWICE A WEEK:**  
*Build Your Own Nachos*



**MONDAY**

**TUESDAY** Fajita Chicken & Cheese Nachos w/Refried Beans

**WEDNESDAY**

**THURSDAY** Spicy Beef & Cheese Nachos

**FRIDAY**

**Daily Special/Everyday**  
*Hamburger or Cheeseburger*



**MONDAY** Regular or Spicy Chicken Sandwich

**TUESDAY** Regular or Spicy Chicken Sandwich

**WEDNESDAY** Regular or Spicy Chicken Sandwich

**THURSDAY** Regular or Spicy Chicken Sandwich

**FRIDAY** Regular or Spicy Chicken Sandwich



**Daily Special/Everyday**  
*Variety Sub Sandwiches*

**MONDAY** Chef Salad w/WG Roll

**TUESDAY** Spinach & Fruit Salad w/WG Roll

**WEDNESDAY** Chicken Caesar Salad w/WG Roll

**THURSDAY** Taco Salad w/Chips

**FRIDAY** Garden Salad w/Roll



**Offered Daily**  
*Pepperoni or Cheese Pizza*

**MONDAY** Sausage Pizza

**TUESDAY** Hawaiian Pizza

**WEDNESDAY** Supreme Pizza

**THURSDAY** Buffalo Chicken Pizza

**FRIDAY** Garlic Chicken Calzone



**This Week's Feature:**

Monday: 5/7 Chili Cheese Fries. 5/14 Cheesy Breadsticks w/Side Salad. 5/21 Twisted Dog w/Potato Wedges  
Wednesday:  
Made to Order Deli Sub Sandwiches  
Friday: 5/4 Meaty Spaghetti w/Caesar Salad. 5/11 Parmesan Chicken Pasta. 5/18 Chicken Alfredo Pasta. 5/25 Beef Lasagna w/Salad

*To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.*

