

Silver Falls School District



6

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pancake on a Stick Lunch: Teriyaki Chicken & Rice Crispy Chicken Nuggets on a Bun All American Sandwich

Chef Salad w/WW Roll Includes Fruit, Vegetables & Milk

Breakfast: Breakfast Burrito Lunch:

Chili Cheese Fries Baked Pepperoni or Cheese Pizza Egg Salad Sub Sandwich Poppin' Chicken Salad w/WW Roll Includes Fruits, Vegetables & Milk

Breakfast:

Egg & Cheese English Muffin Lunch: Beef & Cheese Nachos Chicken Bites w/WW Roll Chicken Taco Salad w/Tortilla Chips Ranch Turkey & Ranch Flatbread Includes Fruits, Vegetables & Milk

Breakfast:

WG Pancakes w/Syrup Lunch: Country Style Chicken Bowl w/WW Roll

Supreme or Cheese Pizza Chillin' Tuna Sub Sandwich Mandarin Chicken Salad w/WG Roll Includes Fruits, Vegetables & Milk

Breakfast:

Yogurt w/Graham Crackers Lunch:

Chicken Parmesan Pasta Cheese Burger/Hamburger Turkey &Cheese on a Bagel Peppi Pizza Salad w/WW Roll Includes Fruits, Vegetables & Milk Cookie Day

9

Breakfast: Sausage Breakfast Pizza

Lunch: Whole Grain Corn Dog Crispy Chicken Nuggets on a Bun Turkey & Cheese Sandwich on WW Chicken Caesar Salad w/WW Roll Includes Fruits, Vegetables & Milk

10

Breakfast:

Warm Fruit Pocket Lunch: Totally Taco Burger Baked Pepperoni or Cheese Pizza Italian Sub Sandwich Crispy Chicken Salad w/WW Roll Includes Fruits, Vegetables & Milk

11

Breakfast: Sausage & Cheese Biscuit Lunch: Home Style Hamburger Patty w/Mashed Potatoes, Gravy & WW

Roll Chicken Bites w/WW Roll SW Taco Salad w/Tortilla Chips Crunchy Chicken Wrap Includes Fruits, Vegetables & Milk

12

Breakfast: Fruit & Yogurt Parfait

Lunch: Tangy Orange Chicken over Rice Hawaiian or Cheese Pizza Chunky Chicken Salad Sub Peppi Pizza Salad w/WW Roll Includes Fruits, Vegetables & Milk

13

Breakfast: French Toast w/Syrup

Lunch: Chicken Alfredo over Pasta Cheeseburger/Hamburger Sun Butter & Jelly Sandwich on WW Fruit & Spinach Salad w/WW Roll Includes Fruits, Vegetables & Milk

16

Breakfast:

Hardboiled Egg w/Biscuit & Jelly Lunch:

Bean & Cheese Burrito Crispy Chicken Nuggets on a Bun Club House Stack Sandwich w/Chips Classic Chef Salad w/WW Roll Includes Fruits, Vegetables & Milk

17

24

Breakfast:

Ultimate Breakfast Round Lunch: Pulled Pork Taco

Baked Pepperoni or Cheese Pizza Yummy Egg Salad Sub Sandwich Poppin' Chicken Salad w/WW Roll Includes Fruits, Vegetables & Milk

18

Breakfast: Cinnamon Roll

Lunch: Pigs in a Blanket Chicken Bites w/WW Roll Turkey, Ranch & Cheese Flatbread Chicken Taco Salad w/Tortilla Chips Includes Fruits, Vegetables & Milk

19

26

Breakfast: WG Bagel w/Cream Cheese Lunch:

Melty Chicken & Cheese Quesadilla Chicken Ranch or Cheese Pizza Tangy Tuna Sub Sandwich Mandarin Chicken Salad w/WW Roll Includes Fruits, Vegetables & Milk

20

Breakfast:

Blueberry Muffin Squares Lunch: Grilled Cheese and Soup Hamburger/Cheeseburger Turkey & Cheese Bagel Peppi Pizza Salad w/WW Roll Includes Fruits, Vegetables & Milk

DIRT DESSERT

23

Breakfast: Pancake on a Stick

Lunch: Spicy Beef & Cheese Nachos Crispy Chicken Nuggets on a Bun Sun butter and Jelly Sandwich Freshly Picked Fruit & Spinach Salad w/WW Roll

Includes Fruit, Vegetables & Milk

Breakfast:

Warm Biscuit & Gravy Lunch: Chicken Pot Pie Baked Pepperoni or Cheese Pizza Italian Sub Sandwich Crispy Chicken Salad w/WW Roll Includes Fruits, Vegetables & Milk

25

Breakfast:

Ham & Cheese English Muffin Lunch: Savory Beef & Broccoli over Rice Chicken Bites w/WW Roll Crunchy Chicken Wrap SW Taco Salad w/Tortilla Chips

Includes Fruits, Vegetables & Milk

Breakfast: Mini Maple Waffles Lunch:

Tangy BBQ Pork on a WW Bun Baked Taco or Cheese Pizza Ham & Cheese Sub Sandwich Peppi Pizza Salad w/WW Roll Includes Fruits, Vegetables & Milk

27

NO SCHOOL

30

Breakfast:

French Toast Sticks Lunch:

BBQ Chicken & Cheese Flatbread Crispy Chicken Nuggets on a Bun Turkey & Cheese Sandwich Chicken Caesar Salad w/WW Roll Includes Fruit, Vegetables & Milk



NEW Pay on Line is now available to Parents, Students and Staff for meals Go to the district web site and follow the food service link.



BREAKFAST INCLUDES: CHOICE OF DAILY ENTREE LISTED OR CEREAL W/TOAST A VARIETY OF FRUITS AND MILK