

September 2017



<p><b><i>Monday</i></b> 9/4 LABOR DAY-9/11 Waffles 9/18 French Toast Sticks 9/25 Pancake on a Stick</p>	<p><b><i>Thursday</i></b> 9/7 Pancakes- 9/14 Fruit Parfait 9/21 Blueberry Bagel- 9/28 Pancakes</p>
<p><b><i>Tuesday</i></b> 9/5 Breakfast Sandwich- 9/12 Cherry Pocket 9/19 Apple Pocket- 9/26 Breakfast Burrito</p>	<p><b><i>Friday</i></b> 9/8 &amp; 9/29 Yogurt &amp; Graham Crackers 9/15 French Toast &amp; Sausage 9/22 Cheesy Eggs and Toast</p>
<p><b><i>Wednesday</i></b> 9/6 UBR- 9/13 Biscuit &amp; Gravy 9/20 Mini Cinnamon Roll- 9/27 UBR</p>	<p><b><i>For Champions On The Go - DAILY</i></b> Soft Bagel &amp; Cream Cheese Assorted Cold Cereal Breakfast Sandwich</p>

**Meal Prices:**  
**Breakfast: \$1.85 Reduced \$0.00**  
**Adult: \$2.15**

“This institution is an equal opportunity provider.”

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**HONOR ROLL**

**MONDAY-FRIDAY CHOICES**

Flame Broiled Cheeseburger, Chicken Burger, Spicy Chicken Burger

*All sandwiches served on WW buns with a oven baked Fries or tater tots offering & a trip through the Thrive Garden Bar.*

**WEDNESDAY** **V**

**STACKS**

Made to Order Turkey, Ham & Cheese, Tuna Or American Sub Sandwiches or Wraps

Different Grab & Go Choices Every Day.

*All sandwiches served on choice of Specialty WW Sub Roll or WG Bread, Milk & a trip through the Thrive Garden Bar Offering.*

**FIESTA**

**EVERY TUESDAY AND THURSDAY**

Build Your Own Nachos

*With choice of Beef Taco Meat or Chicken Fajita Meat and/or Vegetarian Refried Beans*

*All Fiesta entrees include Milk & a trip through the Thrive Garden Bar Offering.*

**MONDAY-FRIDAY CHOICES** **V**

**UPPER CRUST**

Cheese, Pepperoni & Veggie Pizzas

And Daily Specials

*All pizzas feature low fat cheese, low sodium sauce, whole grain crusts.*

*Include Milk & a trip through the Thrive Garden Bar Offering.*

**THRIVE**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

**SP V**

**SIDES OFFERED DAILY WITH LUNCH CHOICE**



Locally Grown Seasonal Fresh Fruit and Vegetables, plus Apples, Garden Salad Greens and Low Fat or Fat Free Milk

You must take ½ cup of Fruit or Vegetables to make a healthy complete lunch.

Labor Day <b>4</b>	Made to Order Fajita Chicken & Cheese Nachos or Burrito w/Refried Beans <b>5</b>	Tater Tot Casserole Made to Order Deli <b>6</b>	Made to Order Beef & Cheese Nachos or Burrito w/Refried Beans <b>7</b>	Chicken Parmesan Pasta w/Steamed Broccoli <b>8</b>
Chicken Pho w/Pineapple Cucumber Salad <b>11</b>	Made to Order Fajita Chicken & Cheese Nachos or Burrito w/Refried Beans <b>12</b>	Hamburger Gravy over Mashed Potatoes Made to Order Deli <b>13</b>	Made to Order Beef & Cheese Nachos or Burrito w/Refried Beans <b>14</b>	Homemade Chicken Alfredo Pasta w/ Peas And WW Roll <b>15</b>
Pad Thai Chicken w/Pineapple Slaw <b>18</b>	Made to Order Fajita Chicken Nachos or Burrito <b>19</b>	Twisted Dog w/Caesar Salad Made to Order Deli <b>20</b>	Made to Order Beef & Cheese Nachos or Burrito w/Refried Beans <b>21</b>	Beef Lasagna w/Caesar Salad <b>22</b>
Cheese Ravioli w/Bread Stick & Caesar Salad <b>25</b>	Made to Order Fajita Chicken Nachos or Burrito <b>26</b>	Homemade Burrito w/Cilantro Lime Rice & Black Beans Made to Order Deli <b>27</b>	Made to Order Beef & Cheese Nachos or Burrito w/Refried Beans <b>28</b>	Mac & Queso Cheese w/Steamed Broccoli <b>29</b>
<b>Monday Fast Takes:</b> Turkey & Cheese Sub Chicken Caesar Wrap Chef Salad	<b>Tuesday Fast Takes:</b> Ham & Cheese Sub Crispy Chicken Wrap Spinach Salad	<b>Wednesday Fast Takes:</b> Italian Sub SW Wrap Chicken Caesar Salad	<b>Thursday Fast Takes:</b> American Sub Buffalo Wrap Taco Salad	<b>Friday Fast Takes:</b> Peanut Butter & Jelly Sandwich Italian Wrap Garden Salad
<b>All Students who qualify for Reduced Meals eat Breakfast and Lunch for NO CHARGE!!</b>	<b>All meals include a trip through our Thrive Garden Bar &amp; Milk Offering</b>	<b>Menu subject to change upon availability</b>	<b>"This institution is an equal opportunity provider."</b>	<b>Lunch Prices Paid: \$3.10 Reduced: \$0.00 Adult: \$4.15</b>